



UNIVERSITY OF MINNESOTA
TWIN CITIES

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TO: Art Leon
FROM: Henry Blackburn
SUBJECT: "Effect of Exercise on Energy Expenditure at Rest"

Your exercise and RMR proposal looks to me like an excellent application. You've addressed the study section critique very well. You have addressed more adequately now why it needs to be done, what is unique about this study, what the major gaps are in knowledge that need to be filled in, etc. My interpretation of the overall score last time was lack of interest in the application rather than its faults.

You know that I much dislike self-congratulatory adjectives and find them in poor taste. They reflect on the application. I am referring to the first sentence on page 20. Even though you refer to the past (before we were here), it is for other people to say what is "honorable" and what is successful, not for us to say. The long tradition of the Laboratory would be appropriate for us to say, while honorable is not. Similarly, on line 4 a "famous" two volume work is in equally poor taste. Let's try to leave out such adjectives please.

The next sentence on page 29 is an incomplete sentence about Professor Henry Taylor. The "world reknown physiologist" Francisco Grande is inappropriate, self-serving and reflects on us. I am sorry I didn't have time to pick up on these things earlier. It is always more appropriate that other people ring our bell than that we ring it. I hope you will try to follow this guideline in the future in public statements.

I find your third person description of Dr. Leon obviously phony (since you are writing about yourself), and not particularly good form. Write in the first person and not as if you are somebody else writing about yourself.

The Rationale reads exceedingly well. Why do you state about 12 lines down that exercise increasing resting metabolic rate is "another intriguing hypothesis?" Is it not an established phenomenon?

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Leon Memorandum - CONFIDENTIAL

Page Two

There is a typo in lines 14-18 of the Rationale. The sentence doesn't make sense, by repetition of one clause. Typos are so frequent that they detract from the proposal.

I notice in the middle of the last paragraph on page 32 that Boothby is misspelled.

Did you check carefully the composition of the Study Section and make sure that you referred to relevant works of existing members?

/jml