

"Sugar" in 1974!

September 10, 1974

Dr. Med. Peter Kuhn
Feuchterslebengasse 67/6/15
Wien X (Vienna)
Austria

Dear Peter:

I just preached the "prevention sermon" at a meeting for John Cantwell's gang in Atlanta and viewed his slides and comments about German and Austrian rehabilitation programs with great interest. He enjoyed his visit with you.

We also had the visit last week in Minneapolis of your assistant Kurt Kastner. I regretted to have little time with him due to my travel to Atlanta and am also sorry not to have been able to entertain him. I fear I grilled him rather heavily about your collaborative trial on a high fat diet. This was mainly because we were totally taken aback that 1) the "Sugar idea" had become so elevated in stature and the evidence considered so worthy of a major clinical trial in Europe, and that 2) the first major trial in Austria should be a secondary prevention trial on this question.

Kurt was apologetic at not being able to defend more effectively the metabolic aspects of the thesis.

Of course, we do not want to know anything prematurely or anything confidential from you, but many of your colleagues in the United States would be very interested to consider your hypothesis and your protocol when you are prepared to announce them. We always have trunkfuls of unsolicited advice! But the matter interests us much. As you saw in my "Progress" article and in the enclosed, we have much to learn here about the relevance of low CHD and "high fat" diets, and welcome your arguments.

Cordially,

Henry Blackburn, M.D.
Professor and Director

HB:nh
enclosure

Myth section of Omaha ms.