

December 28, 1971

Dr. A. Kind
St. Louis Park Clinic
5000 West 39th Street
St. Louis Park, Minnesota 55416

Dear Al:

Many thanks for your competent and sympathetic help. To bring things up to date, the acute "prostatic" part is now just over five weeks. These continue:

Perineal pain
Scrotal pain
Recurrent obstruction (pretty good the past 3-4 days)
Urgency, depending on fluid intake.

These are pretty severe and disabling still. I'm in bed all but 3-5 hours a day. There are also lots of little bizarre sensations which I won't burden you with.

On examination the findings vary, marked perineal-posterior urethral tenderness, with some tenderness along entire urethra. Sometimes tenderness of vas, one side or another.

Generally eat and rest well, no fever. Try to relax and be stoic, but don't know how long I can hold on with no progress.

I assume, after seeing Dr. Moghadam that your mutual decision is "conservative." I continue with aspirin, rest and general hygiene.

Questions about which I'll call, at your convenience:

- 1) O.K. to D. C. gantriin? Has done nothing in over 2 weeks and the high fluid intake is uncomfortable.
- 2) Any sense in trying steroids?
- 3) Any sense in trying furantoin?
- 4) What are chances we are missing something correctable by waiting on cysto?
- 5) What are chances of precipitating urinary obstruction, other complications by cysto.
- 6) My experimental schedule is such that I should have the cysto either this Friday, December 31, or not (unless emergency) until January 31 or after.

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I thought some of Blacklocks data, including the distribution of the duration of these things, were interesting, in the enclosed, page 37.

Best seasons greetings,

Henry Blackburn, M. D.
Professor

HB/rs