

April 5, 1977

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Dear Bill,

Many thanks for the draft statement on fat-modified diets in childhood. I have only a few ideas about the language and attitude.

I suppose I most particularly react against the term "fat-modified diet" which turns the whole thing backwards, in an inappropriate way. Is not the American Way of Eating for children the truly fat-modified diet in our view?

In the comments enclosed, I have suggested the realistic term "eating pattern for children" rather than "fat-modified diets". Rather than to bear the brunt of an experimental fat-modified approach, the onus should be put on the American diet and its support as the inappropriate experiment.

Cordially,

Henry Blackburn, M.D.

HB:jp
enclosures

Page 2, paragraph 1, line 2:

"...prudence of an eating pattern for children involving less than the average American child's intake of saturated fat and cholesterol."

Page 3:

Consideration of the Safety a Lower Fat Diet for Children

Page 4, paragraph 1, line 6:

saturated fat (?) and cholesterol intake

paragraph 4, line 3:

"Whether a habitual eating pattern like that proposed by the AHA...."

Page 7, paragraph 1:

"All children and their parents, and indeed the American public, should be encouraged to change the present typical eating pattern toward a lower saturated fat and cholesterol intake. Specifically..."