

November 4, 1975

Ms. Ann Johnston, R.N.
Supervisor CVU
General Hospital of Everett
1321 Colby Avenue
Everett, Washington 98206

Dear Ms. Johnston:

Thank you for your note and query. I believe community efforts should begin very modestly by providing a resource in the community hospital and gaining the experience over several years in techniques of modifying eating habits, exercise habits, smoking habits and pill taking behavior, for blood pressure. At such times as such facility is available and staff is skilled and deeply involved, then considerations can be made for stepwise screening of the community and referrals directly from the community as well as from local physicians.

Whatever, I would not recommend that you become involved immediately in mass screening programs and other such ballyhoo.

Cordially,

Henry Blackburn, M.D.

HB:jp
enclosure

Enc. J. Cardiac (Amsterdam)



GENERAL HOSPITAL OF EVERETT

A Non-Profit, Non-Sectarian, Community-Owned Hospital

1321 Colby Avenue, Everett, Washington 98206

ALFRED MULLER, JR.
Administrator

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RECEIVED

OCT 20 1975

Henry W. Blackburn Jr. M.D.
University of Minnesota
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Minneapolis, Minne. 55455

LAB OF PHYSIOLOGICAL
HYGIENE

*Reply on page
3 Nov.*

Dear Dr. Blackburn:

We are currently trying to formulate an approach for the reduction " Risk Factors " in our community. We really have no idea how to start - we have merely recognized a need.

Should we attach each risk factor individually ? What are the best approaches for the different age groups etc ?

It has come to my attention that you are involved in this type of work. Any suggestions or references you could give us to assist our project, would be greatly appreciated.

Sincerely yours,

Ann Johnston, R.N.

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Supervisor CVU
General Hosp. of Everett