

July 2

75

David Jacobs

Henry Blackburn, M.D.

We are about to have another major paper showing no relation of diet to serum cholesterol. Let's review this question with HLT and AK.

HB

Copy of Estrander letter & your reply
sent also.

Also to - AK & HLT
J. Noje : my earlier letter to
Estrander on Tris!

July 2, 1975

Leon D. Ostrander, Jr., M.D.
University of Michigan Medical Center
Dept. of Internal Med.
University Hospital
Ann Arbor, Michigan 48104

Dear Leon:

Thanks for your note which is fine and
I would enjoy seeing the paper.

Regards,

Henry Blackburn, M.D.

HB/kn



UNIVERSITY HOSPITAL

ANN ARBOR, MICHIGAN 48104

THE UNIVERSITY OF MICHIGAN MEDICAL CENTER

DEPARTMENT OF INTERNAL MEDICINE

WILLIAM D. ROBINSON, M.D.
PROFESSOR AND CHAIRMAN

RECEIVED

June 27, 1975

JUL 2 1975

Henry Blackburn, M.D.
Laboratory of Physiological Hygiene
School of Public Health
University of Minnesota
Stadium Gate 27
Minneapolis, Minnesota 55455

LAB OF PHYSIOLOGICAL
HYGIENE

pc to complete to A.K.

Dear Henry,

Thank you for your letter of June 24 regarding Allen Nichols' paper at the ACP meeting. The data in that report were based on a frequency of use method for estimating proportions of dietary constituents. We have data on 24 hour recalls, too, and hope to present two papers at Anaheim. Currently we are working on a publishable report of the observations presented in San Francisco. An essential part of that article is a determination of just how homogeneous the diets of Tecumseh participants really are. There are indications that diets are surprisingly varied in that community.

Park and I had many reservations about the validity of the results, but we agree that it is sound analytically. The real danger is that such findings may be interpreted to mean that lipid levels in general are unrelated to dietary constituents, particularly saturated fats and cholesterol. In spite of considerable variability in proportion of calories obtained from fat among Tecumseh residents, the range is surely at the upper end of the scale by world standards. We have taken great pains to avoid any generalizations along this line.

I appreciate your interest and would consider it a great help to us if you would be willing to read and criticize our manuscript before we submit it for publication. The very points you raise in your letter have bothered me, but after careful examination of our data and the Framingham data I think they are valid within their methodologic limits. The conclusion may be that more stringent dietary restrictions are necessary in order to significantly reduce lipid concentrations!

It is good to hear from you, Henry. I am sure you had a good visit with Fred and Doris in London. We are looking forward to your November visit to Ann Arbor to present the Francis Lecture. I am sure it will be a memorable event.

Best regards,

Leon D. Ostrander, Jr., M.D.

LDO/skb