

August 31, 1966

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Gentlemen:

Enclosed please find a copy of the exclusion-inclusion criteria proposed for the Physical Activity Intervention Pilot Study at the University of Minnesota, Laboratory of Physiological Hygiene. Dr. Henry Blackburn and I hope you will join us in considering the enclosed criteria as an initial attempt at codifying the exclusion-inclusion parameters of such a study. Medical drop-out and new events criteria are similarly enclosed.

Rapid communication between us, by phone or letter, when specific situations demonstrate ambiguities or deficiencies in these criteria, will allow us to function as an informal committee. Based on such decisions a set of criteria should emerge that will be acceptable to all. In this way we will be able to attain a workable uniformity between our respective studies.

These criteria were originally formulated by a committee composed of Drs. Blackburn, Hellerstein, Bruce, Kattus, and Remington and the present revised form was prepared by Dr. Blackburn and myself. Enclosed also is a chart relating new coronary heart disease manifestations for which subjects are considered at risk to previously diagnosed manifestations.

**Drs. S. M. Fox, III, W. Haskell,  
William C. Grasley, Oded Bar-Or,  
Charles W. Crumpton and Allan Ryan**

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**I look forward to the opportunity of meeting Drs. Grasley, Bar-Or, Crumpton,  
and Ryan. Perhaps the October American Heart Association Meeting in New York  
will be an opportune time for our "committee" to assemble.**

**Sincerely,**

**Burt B. Hamrell, M.D.**

**BBH:neb**

**cc: Dr. Henry L. Taylor  
Dr. E. S. Fetcher  
Dr. Henry Blackburn  
Dr. Elsworth R. Buskirk  
Dr. Bruno Balke  
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