

January 26, 1977

Mr. Lew Cope  
Mr. Bernie Shellum  
Minneapolis Star and Tribune  
425 Portland Avenue  
Minneapolis, Minnesota 55415

Dear Friends,

I have just returned from a conference in the Caribbean to find your series in the Sunday, January 16 Tribune. Congratulations for a job well done, both in the health care cost and the food and tobacco subsidies articles.

I am enclosing a copy of the Washington Star of January 14th and the McGovern Subcommittee's report. This subcommittee started out with primary emphasis on protein malnutrition in the young and has ended up with a firm and sweeping national recommendation for the "Prudent Diet" (as advised by us, the American Heart Association and others). The announcement of this was made in the same issue of the Tribune as your articles but was relegated to a very small back page Associated Press announcement. It deserves a greater impact.

I'm also enclosing for your interest a summary of 13 official body recommendations for changes in national diet habits. This I will be submitting as an editorial in a medical journal, to counter the view that the prudent diet recommendations come from few organizations of limited views.

Cordially,

Henry Bleckburn, M.D.

HB:lmb  
Enclosures