

August 25, 1977

Professor C. Eugene Allen
136 Meat Science Lab
St. Paul Campus
University of Minnesota

Dear Gene:

Thanks for an informative and enjoyable afternoon.

CLARIFICATION about the MRFIT and Heart Association Prudent Diet is contained in the enclosed meat recommendations. (Spread the word?)

Give us really lean meats and you'll never hear anti-meat sentiments from "our side."

Cordially,

Henry Blackburn, M.D.

HB:lmb
Enclosures (2)

MRFIT: You are what you eat.

MRFIT Meat Buying Guide

2 HB preventive medicine articles